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## Request for guidance and help

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Dear Dr. Cheyne,

As you will know I saw Consultant Psychiatrist Dr Lauren Edgar on Wednesday, March 21st.

It is my understanding that Dr Edgar was to write to you to inform you that the only form of medical help she can provide me with is anti-depressant medication.

It seems Dr Edgar possibly decided I am no longer suffering from the PTSD (Post Traumatic Stress Disorder), or from the C-PTSD (Complex-Post Traumatic Stress Disorder) referred to in the "To Whom It May Concern" letter dated October 28th 2005 (marked-up copy attached) written by Dr Michael McCavert GP, even though I informed Dr Edgar during my first appointment with her on February 21st 2018 that I continue to suffer, on a daily basis, from the PTSD and C-PTSD symptoms in the list immediately below. These problems began for me in year 2,000.

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**"Common symptoms of PTSD and Complex PTSD that sufferers report experiencing:"**

- hypervigilance (may feel like paranoia, but see [HERE](#) for key differences between paranoia and hypervigilance)
- exaggerated startle response
- irritability
- sudden angry or violent outbursts
- flashbacks, nightmares, intrusive recollections, replays, violent visualisations
- triggers
- sleep disturbance
- exhaustion and chronic fatigue
- reactive depression
- guilt
- feelings of detachment
- avoidance behaviours
- nervousness, anxiety

- phobias about specific daily routines, events or objects
- irrational or impulsive behaviour
- loss of interest
- loss of ambition
- anhedonia (inability to feel joy and pleasure)
- poor concentration
- impaired memory
- joint pains, muscle pains
- emotional numbness
- physical numbness
- low self-esteem
- an overwhelming sense of injustice and a strong desire to do something about it

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The above list comes from the following www location:

<http://bullyonline.org/old/stress/ptsd.htm#Symptoms>

I took a printout of the above list with me to the first appointment I had with Dr Edgar (on February 21st 2018), and I went through the items on the list with Dr Edgar, one at a time.

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I informed Dr Edgar during my March 21st appointment that I am anxious to avoid taking anti-depressants, unless a) it is for a limited period of time (of say 10 to 15 weeks), and b) that, at the same time, and on a parallel basis, I am provided with "talking therapy" by a professional counsellor, or a suitably trained psychiatric nurse, who is qualified to provide counselling for people who suffer from PTSD and/or C-PTSD. Unfortunately, and assuming I understood Dr Edgar correctly, it seems she has decided not to provide me with professional "talking therapy" of any kind. Neither is she willing to provide me with the help of a psychiatric nurse or social worker.

It seems to me Dr Lauren Edgar believes, in connection with a) her assessment of my physical and mental wellbeing, b) the overall set of circumstances I now find myself in, and c) the medical help I need, that she has no remit to take any account of the set of difficulties I wrote about in my email to the Belfast Branch of the Northern Ireland Law Centre on August 4th, 2017. Among the most worrying (for me) of the difficulties in question, is the one I have referred to as **"Catch 22"**. Additional information on that particular issue can be viewed at the following www page location:

<http://www.humanrightsireland.com/TheNorthernIrelandLawCentre/4August2017/Gmail.html#Catch22>

Towards the end of my March 21st appointment with Dr Edgar, it became clear to me that she was entirely unaware of the email I attempted to send to her via Community Psychiatric Nurse Camel Reilly CPN, who is a member of Dr Edgar's Team, on March 19th. Consequently, I offered her the printout of the March 19th email I had taken with me to the appointment, in the hope that she might read it and reconsider the very restricted form of medical help (as I see it) which she has offered me. A full unedited copy of the March 19th 2018 email in question, which was addressed primarily to you, can be viewed at:

<http://www.humanrightsireland.com/DrDavidCheyneGP/19March2018/Gmail.pdf>

For the same reason, I also handed Dr Edgar a printout of the marked-up "To Whom It May Concern" letter I gave (by hand) to Hospital Consultant Psychologist Dr Elizabeth McMonagle during the appointment I had with her on April 19th 2016. A scanned copy of the marked-up "To Whom It May Concern" letter in question, written by my former GP Dr Michael McCavert, and dated October 28th 2005, can be viewed at:

<http://www.humanrightsireland.com/DrElizabethMcMonagle/17May2016/Letter.htm#DrMcCavertLetter>

To date, I have not heard anything further from Consultant Psychiatrist Dr Lauren Edgar since my last meeting with her on March 21st. Consequently, it seems reasonable for me to assume that Dr Edgar has not changed her mind in the three weeks or so since then, regarding the matter of anti-depressants being the only form of medical help she can

provide me with.

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Allowing for the above, I would greatly appreciate any guidance and help you might be able to provide me with regarding the matter of how I might now best go about dealing with the overall set of unresolved medical, legal, family, and financial difficulties referred to in the above-mentioned email of mine dated August 4th 2017 to the Belfast Branch of the Northern Ireland Law Centre, a copy of which is available for viewing via the www link provided above.

I made an appointment to see you on March 22nd. The earliest appointment available at the time was April 30th. Should you feel it might be helpful for me to see to see you before then, and assuming you have the time, please know that provided I am given 48 hours notice, I would normally be able to see you at any time that suits you.

Please find some supplementary material relating to my present overall situation in the three sections provided below.

Yours sincerely,

William Finnerty.

Web Site: <http://www.humanrightsireland.com>

FACEBOOK Time Line: <https://www.facebook.com/william.finnerty.3>

**ATTACHED:**

(Marked-up copy of "To Whom It May Concern" letter dated October 28th 2005 written by Dr Michael McCavert GP)

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**OTHER RELATED ITEMS OF CORRESPONDENCE**

1) Dr David Cheyne GP, Human Rights Ireland, William Finnerty:

<https://goo.gl/VjWYMK>

2) Consultant Psychiatrist Dr Lauren Edgar, Human Rights Ireland, William Finnerty:

<https://goo.gl/MYwJXY>

3) PTSD (Post Traumatic Stress Disorder), William Finnerty:

<https://goo.gl/Sksy9D>

4) **"How many medical doctors, lawyers, politicians, and police officers, need to be informed?", William Finnerty:**

<https://goo.gl/ThS25V>

5) The Northern Ireland Law Society, John Mackell, William Finnerty:

<https://goo.gl/Mj3aLm>

6) The Northern Ireland Law Centre, Louise Arthurs, William Finnerty:

<https://goo.gl/GGgwZh>

7) Northern Ireland Justice Department, Case Ref: COR/1248/2016, William Finnerty:  
<https://goo.gl/E7F7Z1>

8) Republic of Ireland President Michael D. Higgins, William Finnerty:  
<https://goo.gl/RzUj9E>

9) Republic of Ireland Minister for Justice and Equality Charlie Flanagan TD, William Finnerty:  
<https://goo.gl/R9ozUb>

10) Republic of Ireland Prime Minister and Medical Doctor Leo Varadkar TD, William Finnerty:  
<https://goo.gl/MnaFq6>

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**EXTANT WARRANT FOR MY ARREST IN REPUBLIC OF IRELAND**

a) "The main reason for the extant warrant for my arrest", William Finnerty:  
<https://goo.gl/Sv2rez>

b) Violations of the Constitution (Bunreacht na hEireann) of the Republic of Ireland, William Finnerty:  
<https://goo.gl/3eaKWb>

c) Violations of Article 47 of the CHARTER OF FUNDAMENTAL RIGHTS OF THE EUROPEAN UNION, William Finnerty:  
<https://goo.gl/CXeXvd>

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**"THE VERY WORST THING ABOUT IMPUNITY":**

<http://www.humanrightsireland.com/index.htm#19March2018>

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MarkedUpCopy-of-DrMichaelMcCavertGP-Letter-of-28Oct2005.jpg  
337K